



# **SKATE DREAM AFRICA**

In Empowering, Promoting & Developing all disciplines of Roller sports in Africa, Inline Speed Skating, Roller Hockey, Free Style Skating & Skateboarding.

# INTERNATIONAL



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SKATE DREAM Africa

**@SKATE DREAM254** 

SKATE DREAM AFRICA

P.O. Box 7172-00100 Nbi Kenya Cell: +254 722 355 064, +254 732 570 526 Email: info@skatedreamafrica.com. Website: www.skatedreamafrica.com

#### **INTRODUCTION**

Skate dream Africa is an aspiring company dedicated to train youngsters in the skating sports,

Provide young individuals who have a passion for skating as a sport with physical & mental skills to maximize their full skating potential. We empowers, promote, develop skating talent and help make an individual dream to ice skating and ski a reality in Africa by use of basic plodding concept preparatory from in-line skating to ice skating and finally skiing.

inline skating lesson at united nations gigiri



session in progress at greensted international school





session in progress at springdales international school

At skate dream Africa a team of professional instructors are committed to development of each individual skater, your child will develop exceptional skills, result oriented.

Our unique hand on teaching techniques focuses on the foundation of all skating skills awareness once foundation is in place we have no limit to feature skills development

#### OBJECTIVES

The objective of skate dream Africa system is to develop world class skaters in Kenya and across Africa on a continuous and systematic basis by providing our young skater with the best in-line skating facilities and competition.

#### VISION

Skate Dream Africa vision is to be the leading skates training academy in Africa and across the world and to be recognized as one of the top skating academy for developing skating talents from local to International levels in speed skating. Our long term goal is to independently own and operate a full time training centre and develop a residency program for skaters age 3 years and above, provides year-round training program for all levels of skating.

#### **OUR CORE VALUES**

- Safe learning
- Responsibility and accountability





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#### **SKATING LESSONS**

#### **Skates Schools Training**

The lessons takes one hour once a week at break time or after lunch or else after school.

Skate dream Africa will provide modern skating equipments for each individual skater these are: **Roller Blades, Helmet, Knees & elbow guard (full gear)** We have lessons of all ages and start from **3 years and** 

above.

#### In-line Roller Hockey

Hockey fundamentals in in-line skating instructional session is a great start of playing hockey a team of professionals instructors are committed to development of each individual player whom attend, learn, have fun and safe learning environment without any undue stress or pressure.

Agility, maneuverability, balance, control, speed and power are the key quality of a superior skating ability.

Our unique approach focuses on the foundation of all skating skills awareness control and mastery of edges

#### In-line Skates Training

Rollerblade skates can help you achieve overall fitness because in-line skating is great low-impact aerobic exercise that strengthens legs, backs and stomach muscles. A study by Dr. Carl Foster of the U.S. Speed skating Team showed that in-line skating is more beneficial than running and cycling for those who want to burn calories and, at the same time develop muscle tone.





In-line Hockey at THE UNITED NATIONS

hands-on teaching technique

Empowering, Promoting & Developing all disciplines of



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#### **SKATING LESSONS**

#### **In-line Skates Training**



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#### INTERNATIONAL





Session in progress at Greensted International School



#### **Session in progress at Sabis International School**



#### Session in progress at indian Public School offering Indian curriculum in Kenya







We have extended our services to the following schools:-

- Greensted International School
- Woodcreek International School
- Sabis International School
- Limuru International School
- Springdales Junior School
- Green Acorn International Kindergarten
- Garden Estate Academy
- Lily of the Valley Group of Schools
- Sunrise Children Garden School
- Castle Academy
- Kastemill School
- Foresight Academy
- Olerai School

etc

#### **CHILDREN & EXERCISE**

Exercise in children improves motors skills and prevents childhood obesity.

In-line skating sports helps children to be fit and prepare's them for an active adulthood.

When people practice, exercise on a regular basis during childhood and adolescence they are keener for exercise during adulthood living thus a longer healthier and happier life.

A Study by Dr. Carl foster of the US Speed skating team showed that inline skating is more beneficial than running and cycling for those whom want to burn calories and at the same time develop muscle tone.

#### **RESPECT & BELONGING**

Skate Dream Africa will provide a safe supportive and inspiring training environment where young skater is treated with respect and valued in an environment of inclusion and acceptance regardless of colour, tribe and origin.

This is inline with the traditional Africa believe ...

I am because we are since we are therefore I am







#### **INTER-SCHOOL COMPETITIONS / JUNIOR CHAMPIONSHIP COMPETITIONS**



# 2015 Junior Championship Competition and trophies for the best school



2017 Interschool Junior Championship Competitions



#### **INTERNATIONAL COMPETITIONS AND CERTIFICATES**

#### Skate Dream Africa Athlete and Achievement

Skate Dream Africa has been demonstrating upward movement in their success to achieve set targets of International Competition. Having participated in 43rd BMW Berlin World Championship Competition, Arena Geisingen International Competition, Germany and International Kriterium Gross-Gerau, Germany.

To reach the level of excellence one needs to put in hard work with sincerity and dedication with ultimate goal of achievement in mind all the time. If one is sincere and dedicated with determined mind, the goal is not far away.

This holds true athlete as well.

#### **Certificates of Merit GERMANY 43rd BMW Berlin Inline** SCC EVENTS SCC EVENTS **BMW Skating World Championship Competition.** 43. BERLIN \_\_\_\_\_ MARATHON BERLIN MARATHON Result for Kenyan Team and Certificate. The Best Time in Africa Urkunde Urkunde stel 24. + 25. September 2016 24. + 25. September 2016 ----2948 Dr. Kamau, Peter (KEN) Dr. Irungu, Simon (KEN) 2768 # Platz M/W: 105 Platz M/W: 291 Platz / Overall: 20 (in Altersklasse / Agegroup: MAkt) Platz / Overall: 40 (in Altersklasse / Agegroup: MAkt) ttozeit / chiptotal: 01:12:53 ttozeit / chiptotal 01:20:00 Bruttozeit / clocktotal: 01:12:55 Bruttozeit / clocktotal: 01:20:04 Halb 1 / First half: 00:35:51 Halb 1 / First half: 00:37:31 Halb 2 / Second half: 00:37:02 Halb 2 / Second half: 00:42:29 Zeit pro km / Time per km: 01:43 Zeit pro km / Time per km: 01:53 ---schwindiakeit / Speed: 34.74 km/ł ndiakeit / Speed: 31.65 km/h -12 I www.bmw-berlin-marathon.com www.bmw-berlin-marathon.com - Abbott - Abbott taxofit taxofit .

# SEPTEMBER 2016 BMW BERLIN SKATING COMPETITIONS

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#### **INTERNATIONAL COMPETITIONS**





GERMANY 43RD BMW Berlin Inline Skating World Championship Competition

SKATE DREAM AFRICA Kenyan Team in action

> OUR SENIOR SPEED SKATERS



MANATHO

MARATHONFOTO

#### INTERNATIONAL COMPETITIONS AND CERTIFICATES





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# **APRIL 2018 INTERNATIONAL COMPETITIONS IN GERMANY**



# MEETING WITH CHINA AND ITALY JUNIOR TEAM



### INTERNATIONAL COMPETITIONS



#### **INTERNATIONAL COMPETITIONS**

# **APRIL 2019 INTERNATIONAL COMPETITIONS IN GERMANY**





# ARENA GEISINGEN INTERNATIONAL COMPETITION AND INTERNATIONAL KRITERIUM GROSS-GERAU

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### **INTERNATIONAL ACCREDATION & CERTIFICATE**

#### 2019 INTERNATIONAL SEMINAR FOR COACHES AND JUDGES - ROME, ITALY





# **INTERNATIONAL ACCREDATION & CERTIFICATE**



	INLINE SPEED SKATING INTERNATIONAL SEMINAR
	$\mathcal{O}$
	Certificate of Participation
	This is to certify that
- 191 - L	Ngigi Eliud Karanja
	has successfully attended the Inline Speed Skating International Seminar for Coaches and Judges
	Rome - Italy 21-23 February, 2019
	(A).
	Sabatino Aracu PRESIDENT
	Sabatino Aracu

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